

IMAGINE A PLACE IN  
YOUR NEIGHBOURHOOD:

- ❖ Bright, warm and cozy
- ❖ With play centers full of toys and materials for children
- ❖ Where parents and caregivers can connect
- ❖ Where parents and caregivers can visit with each other

Visit us or give us a call to learn more  
about programs and services  
for you and your child.

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## Best Start Hubs

The years before six are very important to your child. How children are cared for during the first six years of their life will impact their growth, development and behaviour.

Best Start Hubs can help parents and caregivers in their important role during these years and beyond.

Programs and services are provided to families to support children in their early years.

Best Start Hubs can also help you find other services in the community that you or your child may need.

To find a Best Start Hub call:  
**1-866-324-4530**

Or visit:  
[www.kenoradistrictbeststart.ca](http://www.kenoradistrictbeststart.ca)  
or  
[www.beststart4kids.ca](http://www.beststart4kids.ca)



A Place for Families

## Rainy River

11 Mill Avenue  
Room 23

(in Riverview Elementary School)

Phone:  
(807) 852- 3362 ext. 2

Fax: (807) 852-4348

Email:  
[rainyriverbeststarthub@hotmail.com](mailto:rainyriverbeststarthub@hotmail.com)

Hours:  
Monday- Friday  
9:30- 3:00

Come and join the fun!

# PROGRAMS & SERVICES

## Programs and Workshops

- ❖ Healthy For Life
- ❖ Community Kitchen
- ❖ Mother Goose Rhymes and Songs
- ❖ Math is Everywhere
- ❖ Make the Connection 0-1
- ❖ Babysitting Course
- ❖ Healthy Eating
- ❖ Infant Nutrition and Baby Food Making
- ❖ Roots of Empathy

### Mother Goose Rhymes and Songs

Parents/ Caregivers and children enjoy rhymes, songs, and stories together



Play and explore early learning activities with your child



## Learning Through Play

- ❖ Super Science
- ❖ Family Math Canada
- ❖ Playgroup
- ❖ Music & Movement
- ❖ ABC Fun
- ❖ Take Home Backpacks
- ❖ Super Sensory
- ❖ Park Fun
- ❖ P. D. Day Fun Days

## We Also Offer

- ❖ Seasonal Celebrations
- ❖ Shaped Cake Pans for loan
- ❖ Parent/ Caregiver Resources and Information
- ❖ Arts & Crafts

### Music & Movement

Join us for singing, dancing, moving, and fun using musical instruments



For more information drop in or call the Rainy River Best Start Hub at: 852- 3362 ext. 2