

## Best Start Hubs

### IMAGINE A PLACE IN YOUR NEIGHBOURHOOD:

- ❖ Bright, warm and cozy
- ❖ With play centers full of toys and materials for children
- ❖ Where parents and caregivers can get answers to their questions
- ❖ Where parents and caregivers can visit with each other

Visit us or give us a call to learn more  
about programs and services  
for you and your child.

Updated: June 25, 2015

The years before six are very important to your child. How children are cared for during the first six years of their life will impact their growth, development and behaviour.

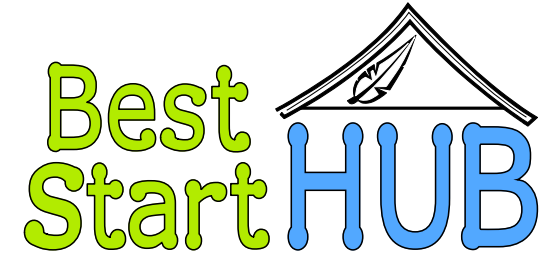
Best Start Hubs can help parents and caregivers in their important role during these years.

Programs and services are provided to families to support children in their early years.

Best Start Hubs can also help you find other services in the community that you or your child may need.

To find a Best Start Hub call:  
**1-866-324-4530**

Or visit:  
[www.kenoradistrictbeststart.ca](http://www.kenoradistrictbeststart.ca)  
or  
[www.beststart4kids.ca](http://www.beststart4kids.ca)



**A Place for Families**

# Emo

36 Front Street  
Lower Level

Phone: 482-2946

### Hours:

**Sept. - June**

Monday: 9-1

Tuesday: 9-1 & 2-5

Wednesday & Thursday:  
9-1 & 2-5:30

Friday: 9-1

**July & August**

Monday-Thursday:  
9-3

Friday: 9-1



Come and join the fun!

# PROGRAMS & SERVICES

## Parenting Programs and Resources:

- ❖ Parent Books & Resources
- ❖ Nipissing Preschool Screens
- ❖ Make The Connection
- ❖ ABC Program

## Play Group

For children and their parents/caregivers

Fridays at 10:00 a.m.



## Kindermusik

Enjoy songs and playing musical instruments.

Wednesdays at 10:30 a.m. in the spring & fall.



## Community Partner Programs:

- ❖ **Northwestern Health Unit**
  - \* Breast Feeding Support
  - \* Postpartum Depression Support
  - \* Postpartum New Baby Group
  - \* Baby Food Making
  - \* Fluoride Varnish Clinics
  - \* Make The Connection
- ❖ **North Words**
  - \* Preschool Speech & Language Screening
- ❖ **Sturgeon Creek Alternative Program School**
  - \* Roots Of Empathy

## Early Learning Programs:

- ❖ Family Math
- ❖ Parent-Child Mother Goose
- ❖ Kindermusik
- ❖ Play Group
- ❖ Story Hour
- ❖ Jigga Jump/Shake It Up

## Story Hour

For children and their parents/caregivers.

Tuesdays at 10:00 a.m.



For more information drop in or call the Emo Best Start Hub at: 807-482-2946